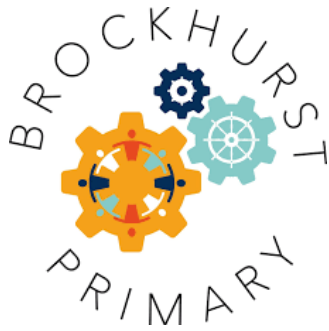




Brockhurst Primary School

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Headteacher: Mrs S Kohli

Wednesday 22nd July 2026

Dear Parents and Carers,

Re: Relationships and Sex Education (RSE) Curriculum

At Brockhurst Primary School, we are committed to providing all pupils with a high-quality Relationships and Sex Education (RSE) curriculum that equips them with the knowledge and understanding they need to stay safe, healthy and prepared for life, both now and in the future.

Relationships and Sex Education is a statutory part of the primary curriculum and forms an important element of our wider Personal, Social, Health and Economic (PSHE) education. The curriculum is designed to help children develop healthy, respectful relationships, understand how to keep themselves safe, recognise and manage their emotions, and prepare for the physical and emotional changes that occur as they grow.

Following the publication of updated statutory guidance, we have carefully reviewed and refined our RSE curriculum to ensure it remains fully aligned with national expectations while continuing to meet the needs of our pupils and school community. Our curriculum is age-appropriate, carefully sequenced and delivered in a sensitive and inclusive way by class teachers who know the children well.

Throughout their time at primary school, children will learn about:

- building positive, respectful friendships and relationships;
- recognising different types of families and caring relationships;
- understanding personal boundaries, consent and respecting others;
- keeping safe both online and offline;
- recognising trusted adults and knowing where to seek help and support;
- physical and emotional health and wellbeing;
- the changes that happen during puberty and growing up (taught in an age-appropriate way).

We understand that parents and carers play a vital role in supporting their child's understanding of these important topics. Therefore, before teaching the key elements of our RSE curriculum, we will notify parents and carers in advance so that you are aware of what will be covered.

You will be invited to a drop in sessions with your child's class teacher, which we also warmly encourage you to attend, as teachers will be happy to share the lesson materials, explain how the content will be taught and answer any questions you may have. We believe that working in partnership with families helps ensure children receive consistent messages both at school and at home.

A copy of our Relationships and Sex Education Policy, along with further information about our curriculum, is available on the school website. If you have any questions, please do not hesitate to contact the school office.

Thank you for your continued support as we work together to provide children with the knowledge, confidence and skills they need to grow into happy, healthy and respectful young people.

Yours sincerely,

Miss A Hogan

Assistant Headteacher